

# Awakened Life

A day-long workshop with *Joan Sutherland, Roshi*

Senior Teacher of Zen Buddhism

*Hosted by the Wet Mountain Sangha*

Sunday, April 5, 200, 10:00 am -4:00 pm

An exploration of how ways of meditation and inquiry developed over a thousand years become sources of creativity and awakening in our lives today. The workshop includes dharma talks and koans, the liveliness of good conversation, and the refreshing stillness of meditation.

## Schedule

10:00 am to 4:00 pm

10:00 - 12:30 morning session

12:30 - 1:45 lunch

1:45 - 4:00 afternoon session

Cost: \$45 will be provided to  
Joan

**At the Pueblo Grande Community Room,  
999 Fortino Blvd.**

*(Across the street from the northside post office)*  
Exit I25 at University Blvd. (Hwy. 50). Just west of the interstate, take Elizabeth St. north one block to Fortino. Go west on Fortino  $\frac{1}{4}$  mi. to Pueblo Grande Mobile Park.

**RSVP to David Cockrell, registrar 671-4009 or [davidcockrell@comcast.net](mailto:davidcockrell@comcast.net)**

More Info at <http://www.wetmountainsangha.org>



Joan Sutherland, Roshi is a Zen teacher in the koan tradition and the founder of The Open Source, a network of practice communities that includes Wet Mountain Sangha. She teaches through Awakened Life in Santa Fe, New Mexico, where she is involved in a re-imagining of the koan tradition. She is also a writer whose work appears frequently in *Shambhala Sun* and *Buddhadharma*, and a translator from Chinese and Japanese. See <http://www.awakenedlife.org>.